



# Never Too Young to Get in on the Action!

## Born To Play



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Baseball & Softball activity class that introduces 3 to 5 year olds to hitting, throwing and athletic movement.

- **Hand-eye coordination**
- **Flexibility and stretching**
- **Agility and body control**
- **Throwing, catching, hitting and fielding skills**

**Four Week Session - \$80**  
**Tuesday 1:00PM - 2:00PM**  
**Saturday 9:00AM - 10:00AM**

## Rookie Academy



## Rookie Academy

Prepares your Little Leaguer, ages 5 to 7 years, for a successful upcoming season. A fun, non-competitive and upbeat class format on the **Big Three** keys to success:

- **Hitting**
- **Throwing**
- **Fielding**

Exciting new drills and games to get your player ready for the next level.

**Four Week Session - \$100**  
**Monday and Thursday 4:00PM - 5:00PM**  
**Saturday 9:00AM - 10:00AM**

[www.frozenropes.com/sandiego](http://www.frozenropes.com/sandiego)

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## FROZEN ROPES IN THE NEWS

