



Never Too Young to Get in on the Action!

Born To Play



Born to Play

Baseball & Softball activity class that introduces
3 to 5 years olds to hitting, throwing and athletic movements

- Hand-eye coordination
- Flexibility and stretching
- Agility and body control
- Throwing, catching, hitting and fielding skills

6 Week Session - \$90

Monday 1:00pm - 1:50pm
Thursday 11:00am - 11:50am
Saturday 9:30am - 10:20am

Rookie Class



Rookie Class

Prepares your Little Leaguers, ages 5 to 7 years, for a successful upcoming season. A fun, non-competitive and upbeat class format on the Big Three keys to success:

- Hitting
- Throwing
- Fielding

Exciting new drills and games to get your player ready for the next level.

6 Week Session - \$160

Tuesday & Thursday 4:00pm - 5:00pm
Sunday 10am - 11am

www.frozenropes.com/lakewood

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