PITCHING CLINIC

CLINIC DETAILS:

6 WEEKS
Starts FEBRUARY 18th
10 AM on SATURDAY MORNING
COST: $180 PER SESSION
AGES (8-9) (10-12) (13-14)
Topics covered:
•Proper arm action •Arm injury prevention
•Hitting locations •Changing speeds with your pitches
•Throwing all of your pitches in any count
• Velocity: where it comes from and how you can improve it.

All Clinics are instructed by Professional Frozen Ropes Staff!

REGISTRATION IS AVAILABLE BY THE FORM BELOW OR BY PHONE 732-380-0040

Player's Name_____ **D.O.B**_____
Address_____
Parent(s) Name_____
City_____ **State**_____ **Zip**_____
Phone #_____ **Email:**_____

Frozen Ropes
31 Park Road Tinton Falls NJ 07724
www.frozenropes.com/tintonfalls **Phone: 732-380-0040**