

# 2019 Spring Softball SOE



**Apr. 1<sup>st</sup>, 2019 – Jun. 23<sup>rd</sup>, 2019**

*Classes \* Lessons \* Rentals \* Camps/Clinics \* Birthday Parties*

**Born To Play** (Ages 3-4) *Born to Play introduces your daughter to baseball/softball in a teaching environment.*

Wednesdays 1:00 PM                      Saturdays 10:00 AM

Class length is 50 minutes                      4 Weeks for \$60                      (No Class 12/25 or 1/1)

**Beginner Pitching Class** (Ages 8-12) *Beginner Softball Pitching Class designed to teach proper mechanics, how to throw strikes and prepare for game situations*

Tuesdays 7:00 PM – 8:00 PM                      Sundays 10:00 AM – 11:00 AM                      4 weeks for \$80

**Intermediate Pitching Class** (Ages 11-18) *An advanced softball pitching class designed to improve mechanics, increase velocity and improve game situations.*

Wednesdays 7:00 PM – 8:00 PM                      4 weeks for \$80

**High School Pitching Class** (Ages 12-18) *An elite pitching class for pitchers who will be trying out for Modified, Freshman, JV, or Varsity teams. A competitive, advanced class.*

Saturdays 1:00PM-2:00PM                      4 weeks for \$80

**Open Pitching Class** (Ages 8-18) *An open pitching class for any pitcher who wants to get extra work in. Drills and Skills to keep you sharp.*

Mondays 7:00 PM – 8:00 PM                      Thursdays 7:00 PM – 8:00 PM  
4 weeks for \$80

**Hitting Boot Camp** (Ages 8-18) *The Ultimate workout for any hitter. Situations, bat speed, strength, visual mechanics, contact angles and lots of reps. Quick moving stations to give you different looks and drills to improve every time out!*

Thursdays 6:00 PM – 7:00 PM                      Saturdays 2:00 PM – 3:00 PM  
4 weeks for \$80

**Speed and Agility Class** – Core strength, speed and agility. This class is designed to help you with your footwork and core strength while increasing agility. A must for any player looking to make a major jump in their playing level.

Private Classes available for groups of 4 or more. Please call for details.

**Private Lessons** (ages 5+): Individual lessons available by appointment.

<b><u>Private</u></b>	30 min = \$45	60 min = \$80
5 pack (30 min) = \$210		30 pack (30 min) = \$1110
10 pack (30 min) = \$410		40 pack (30 min) = \$1400
15 pack (30 min) = \$600		50 pack (30 min) = \$1650
20 pack (30 min) = \$780		100 pack (30 min) = \$3000

**Facility and Cage rentals:** Rent one of our cages, pitching machines or our facility. Cages are available for reservation or on a first come, first serve basis. Ask about our seasonal rates!

15 min = \$15 ▪ 30 min = \$25 ▪ 60 min = \$50

**Birthday Parties:** Friendly staff and fun activities to entertain your players and amaze their friends!

- 1 ½ hours total = 60 min of playing time, 30 min in party room (your choice of activities) \$180 (up to 10 players), \$10/ additional player
- 2 ¼ hours total (90 min of playing time, 45 min in party room (your choice of activities) \$230 (up to 10 players), \$10/ additional player

All parties include a Frozen Ropes T-Shirt for every player. A \$50 non-refundable deposit is required.

**World Membership:** A Family Membership that saves you money and gives you free training time along with discounts on all lessons, classes, clinics and camps.

- World Membership: \$325 annual fee. Includes (12) ½ hour cage rentals and 2 free 30 minute lessons.

All memberships save you 25% off all classes, camps, clinics, and lessons along with 10% off all pro-shop purchases. Rentals and lessons are valid for 1 year from date of purchase.

**Spring Break Camp** (Ages 6-12) A camp during Spring Break to get you ready for your season!

April. 22, 23, 24, 25 & 26.

½ day = 8:30 AM – 12:00 PM

\$30 per day or \$125 for the week

Full day = 8:30 AM – 3:30 PM

\$45 per day or \$200 for the week

**Summer Softball Camps** (Ages 6-12) Camps provide expert instruction, innovative drills and up-tempo scrimmages. Dates and sites T.B.A Please visit our website for updated information.

Half Day: 8:30 AM – 12:00 PM = \$125

Early drop off (7:30 AM) = Add \$10 per day

Full Day: 8:30 AM – 3:30 PM = \$200

Late pick up (4:30 PM) = Add \$10 per day