

FROZEN ROPES

24 Old Black Meadow Rd. Chester, NY 10918
www.frozenropes.com/chester / email: chester@frozenropes.com

Register online or CALL (845) 469-9507

Spring 2023 Baseball/Softball Schedule of Events April - June

Academy Classes

** Prices shown are before Member Discount is applied*

FROZEN ROPES ACADEMIES (BASEBALL/SOFTBALL Ages 5-6, 7-9, 10-12)

Our academy CLASSES develop the next generation of baseball and softball players.

Throwing, Fielding and Hitting are the main topics. Player max: 12 per class (55 minutes)

Junior (Ages 5-6)

4 weeks	Tuesdays	April 4 – April 25	5:00pm – 5:55pm	\$124*
5 weeks	Tuesdays	May 2 – May 30	5:00pm – 5:55pm	\$155*
3 weeks	Tuesdays	June 6 – June 20	5:00pm – 5:55pm	\$93*
4 weeks	Sundays	April 2, 16, 23, 30	10:00am – 10:55am	\$124*
4 weeks	Sundays	May 7 – May 28	10:00am – 10:55am	\$124*
3 weeks	Sundays	June 4 – June 18	10:00am – 10:55am	\$93*

Senior (Ages 7-9)

4 weeks	Thursdays	April 6 – April 27	6:00pm – 6:55pm	\$124*
4 weeks	Thursdays	May 4 – May 25	6:00pm – 6:55pm	\$124*
4 weeks	Thursdays	June 1 – June 22	6:00pm – 6:55pm	\$124*
4 weeks	Sundays	April 2, 16, 23, 30	11:00am – 11:55am	\$124*
4 weeks	Sundays	May 7 – May 28	11:00am – 11:55am	\$124*
3 weeks	Sundays	June 4 – June 18	11:00am – 11:55am	\$93*

All Skills (Ages 10-12)

4 Weeks	Wednesdays	April 5 – April 26	5:00pm – 5:55pm	\$124*
5 weeks	Wednesdays	May 3 – May 31	5:00pm – 5:55pm	\$155*
3 weeks	Wednesdays	June 7 – June 21	5:00pm – 5:55pm	\$93*
5 weeks	Saturdays	April 1 – April 29	10:00am – 10:55am	\$155*
4 weeks	Saturdays	May 6 – May 27	10:00am – 10:55am	\$124*
3 weeks	Saturdays	June 3 – June 17	10:00am – 10:55am	\$93*

Hitting

* Prices shown are before Member Discount is applied

TOTAL PERFORMANCE HITTING (Ages 7-9)

This 55 minute session covers all aspects of hitting with emphasis on set up, timing and power. Player max: 12 per class

4 weeks	Mondays	April 3 – April 24	6:00pm – 6:55pm	\$124*
4 weeks	Mondays	May 1 – May 22	6:00pm – 6:55pm	\$124*
3 weeks	Mondays	June 5 – June 19	6:00pm – 6:55pm	\$93*
4 weeks	Fridays	April 7 – April 28	6:00pm – 6:55pm	\$124*
4 weeks	Fridays	May 5 – May 26	6:00pm – 6:55pm	\$124*
3 weeks	Fridays	June 2 – June 16	6:00pm – 6:55pm	\$93*

TOTAL PERFORMANCE HITTING (Ages 10-12)

This 55 minute session covers all aspects of hitting with emphasis on set up, timing and power. Player max: 12 per class

4 weeks	Mondays	April 3 – April 24	7:00pm – 7:55pm	\$124*
4 weeks	Mondays	May 1 – May 22	7:00pm – 7:55pm	\$124*
3 weeks	Mondays	June 5 – June 19	7:00pm – 7:55pm	\$93*
4 weeks	Thursdays	April 6 – April 27	7:00pm – 7:55pm	\$124*
4 weeks	Thursdays	May 4 – May 25	7:00pm – 7:55pm	\$124*
3 weeks	Thursdays	June 1 – June 15	7:00pm – 7:55pm	\$93*

Baseball PITCHING

BASEBALL PITCHING BOOT CAMP (Ages 8-12)

All aspects of throwing and building a pitching delivery. Player max: 10 per class (55 minutes)

4 weeks	Tuesdays	April 4 – April 25	6:00pm – 6:55pm	\$124*
5 weeks	Tuesdays	May 2 – May 30	6:00pm – 6:55pm	\$155*
3 weeks	Tuesdays	June 6 – June 20	6:00pm – 6:55pm	\$93*
4 weeks	Thursday	April 6 – April 27	5:00pm - 5:55pm	\$124*
4 weeks	Thursday	May 4 – May 25	5:00pm - 5:55pm	\$124*
3 weeks	Thursday	June 1 – June 15	5:00pm - 5:55pm	\$93*

MIKE BERTOTTI BASEBALL PITCHING SPL'S (Ages 10-12)

Our SPL's (Semi Private Lessons) allow our staff added training time and players more reps. Player max: 4

4 weeks	Wednesdays	April 5 – April 26	6:00pm – 7:00pm	\$297*
5 weeks	Wednesdays	May 3 – May 31	6:00pm – 7:00pm	\$371.25*
3 weeks	Wednesdays	June 7 – June 21	6:00pm – 7:00pm	\$222.75*

MIKE BERTOTTI BASEBALL PITCHING SPL'S (Ages 13+)

Our SPL's (Semi Private Lessons) allow our staff added training time and players more reps. Player Max:4

4 weeks	Wednesdays	April 5 – April 26	7:00pm – 8:00pm	\$297
5 weeks	Wednesdays	May 3 – May 31	7:00pm – 8:00pm	\$371.25*
3 weeks	Wednesdays	June 7 – June 21	7:00pm – 8:00pm	\$222.75*

Softball PITCHING

* Prices shown are before Member Discount is applied

SOFTBALL PITCHING CLASS (Ages 9-12)

Learn the right way the first time.

Class emphasis on arm action and delivery consistency to maximize control and age appropriate speed levels.

Player max: 8 per class (55 minutes)

4 weeks	Mondays	April 3 – April 24	6:00pm – 6:55pm	\$124*
4 weeks	Mondays	May 1 – May 22	6:00pm – 6:55pm	\$124*
3 weeks	Mondays	June 5 – June 19	6:00pm – 6:55pm	\$93*

Group Training

Group Instruction allows you to choose the topic, the day & time, and who is in your group!

\$140* per session / 1 Hour Sessions

Max of 6 players (minimum of 3)

Private Lessons

30-minute Lesson \$55* 60-minute Lesson \$100*

LESSON PACKAGES

SAVE 10% 10 lessons (30 minutes) \$495*

SAVE 15% 20 lessons (30 minutes) \$935*

Lessons are offered 7 days a week, Call to book your lesson today.
Pre-paid lesson packages are valid for one year from purchase date.

Rentals

30 minutes \$45* 60 minutes \$65*

Special TEAM Tunnel Rental \$50 / 1 hour

AFTER HOURS Special: FULL INDOOR SPACE \$195 for 1 hour

Available: Monday-Thursday 8:00pm-9:00pm

Membership Has Its Privileges

Two options to save dollars + receive FREE services!

SILVER

- 10% discount on all lessons, classes, camps, rentals
- 1 free individual lesson
- 5 free hitting tunnel rentals
- And much more!

\$150 ANNUALLY

GOLD

- 15% discount on lessons, classes, camps, rentals
- 6 free hitting tunnel rentals
- 2 free individual lessons
- And much more!

\$250 ANNUALLY

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