

The Hit Lab

Movement & Performance Training featuring the latest technology and tools in the industry. More Impact & Less Misses!

Player max: 10 per session (90 minutes) Ages 10+. Sessions meet every Monday & Wednesday. \$250 per session.

Scan the QR Code for more information.



<u>January</u>	<u>February</u>	<u>March</u>
Mondays 5:00pm - 6:30pm	Mondays 5:00pm - 6:30pm	Mondays 5:00pm - 6:30pm
Wednesdays 6:00pm - 7:30pm	Wednesdays 6:00pm - 7:30pm	Wednesdays 6:00pm - 7:30pm

Fielding

GOLD GLOVE DEFENSE (Ages 7-12)

Glove work, footwork and throwing will be the key components of this class. Player max: 8 per class (55 minutes)

4 weeks	Sundays	January 7 – January 28	11:00am --11:55am	\$124*
4 weeks	Sundays	February 4 – February 25	11:00am --11:55am	\$124*
4 weeks	Sundays	March 3 – March 24	11:00am --11:55am	\$124*

Baseball Pitching

BASEBALL PITCHING BOOT CAMP (Ages 7-12)

All aspects of throwing and building a pitching delivery. Player max: 8 per class (55 minutes)

5 weeks	Tuesdays	January 2 – January 30	5:00pm – 5:55pm	\$155*
4 weeks	Tuesdays	February 6 – February 27	5:00pm – 5:55pm	\$124*
4 weeks	Tuesdays	March 5 – March 26	5:00pm – 5:55pm	\$124*
3 weeks	Saturdays	January 6, 13, 27	12:00pm – 12:55pm	\$93*
4 weeks	Saturdays	February 3 – February 24	12:00pm – 12:55pm	\$124*
4 weeks	Saturdays	March 2 – March 23	12:00pm – 12:55pm	\$124*

MIKE BERTOTTI BASEBALL PITCHING SPL'S (Ages 7-12)

Our SPL's (Semi Private Lessons) allow our staff added training time and players more reps. Player max: 4

4 weeks	Fridays	January 5 – January 26	4:00pm – 5:00pm	\$297*
4 weeks	Fridays	February 2 – February 23	4:00pm – 5:00pm	\$297*
5 weeks	Fridays	March 1 – March 29	4:00pm – 5:00pm	\$371.25*

MIKE BERTOTTI BASEBALL PITCHING SPL'S (Ages 13+)

Our SPL's (Semi Private Lessons) allow our staff added training time and players more reps. Player Max:4

5 weeks	Mondays	January 8 – January 29	7:00pm – 8:00pm	\$371.25*
4 weeks	Mondays	February 5 – February 26	7:00pm – 8:00pm	\$297*
4 weeks	Mondays	March 4 – March 25	7:00pm – 8:00pm	\$297*
5 weeks	Tuesdays	January 2 – January 30	6:00pm – 7:00pm	\$371.25*
4 weeks	Tuesdays	February 6 – February 27	6:00pm – 7:00pm	\$297*
4 weeks	Tuesdays	March 5 – March 26	6:00pm – 7:00pm	\$297*

The K Lab

A Must For The Next Generation Of Pitchers! Player max: 10 per session (90 minutes) Ages 12+.

Sessions meet every Tuesday & Thursday. \$250 per session. Scan the QR Code for more information.



<u>January</u>	<u>February</u>	<u>March</u>
Tuesdays 6:00pm - 7:30pm	Tuesdays 6:00pm - 7:30pm	Tuesdays 6:00pm - 7:30pm
Thursdays 6:00pm - 7:30pm	Thursdays 6:00pm - 7:30pm	Thursdays 6:00pm - 7:30pm