Fall I 2024

Sept 4 - Oct 27

Class Session



165 Eileen Way Syosset, NY 11791 516-364-ROPE (7673)

www.frozenropes.com/syosset email: syosset@frozenropes.com

BASEBALL/SOFTBALL CO-ED CLASSES

(limit 8 per class)

Emphasis is put on hitting, throwing, and fielding, along with game situations. From beginners to advanced players, each academy level hones and develops their overall skills.

Junior Academy: Ages 5 - 6

MONDAY: 5:00pm - 6:00pm Sep 9 - Oct 21 (6 Weeks) - \$240 (NO CLASS OCT 14)

WEDNESDAY: 4:30pm - 5:30pm Sep 4 - Oct 23 (8 Weeks) - \$320

THURSDAY: 4:30pm - 5:30pm Sep 5 - Oct 24 (7 Weeks) - \$280 (NO CLASS OCT 3)

SATURDAY: 10:00am - 11:00am Sep 7 - Oct 26 (8 Weeks) - \$320

SUNDAY: 10:00am - 11:00am Sep 8 - Oct 27 (8 Weeks) - \$320

Senior Academy: Ages 7 - 9

MONDAY: 6:00pm - 7:00pm Sep 9 - Oct 21 (6 Weeks) - \$240 (NO CLASS OCT 14)

WEDNESDAY: 5:30pm - 6:30pm Sep 4 - Oct 23 (8 Weeks) - \$320

THURSDAY: 5:30pm - 6:30pm Sep 5 - Oct 24 (7 Weeks) - \$280 (NO CLASS OCT 3)

SATURDAY: 11:00am - 12:00pm Sep 7 - Oct 26 (8 Weeks) - \$320

SUNDAY: 11:00am - 12:00pm Sep 8 - Oct 27 (8 Weeks) - \$320

All Skills Academy: Ages 10 - 12

MONDAY: 7:00pm - 8:00pm Sep 9 - Oct 21 (6 Weeks) - \$240 (NO CLASS OCT 14)

WEDNESDAY: 6:30pm - 7:30pm Sep 4 - Oct 23 (8 Weeks) - \$320

THURSDAY: 6:30pm - 7:30pm Sep 5 - Oct 24 (7 Weeks) - \$280 (NO CLASS OCT 3)

SUNDAY: 12:00pm - 1:00pm Sep 8 - Oct 27 (8 Weeks) - \$320

ADVANCED BASEBALL CLASSES

These classes will focus on form and technique with an emphasis on the mental approach to the game.

"Art of Hitting": Ages 11 - 16

\$300 (limit 4 per class)

TUESDAY: 8:00pm - 9:00pm

Sept 17 - Oct 22 (6 Weeks)

and/or

SATURDAY: 1:00pm - 2:00pm

Sept 21 - Oct 26 (6 Weeks)

"Pitching 101": Ages 7 - 8

FRIDAY: 5:00pm - 6:00pm

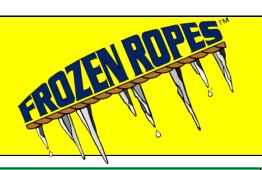
"Science of Pitching": Ages 9 - 11

FRIDAY: 6:00pm - 7:00pm

\$270 (limit 5 per class)

Sept 13 - Oct 25 (6 Weeks) -- NO CLASS OCT 4

10% discount for signing one player for 2 classes



at



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FALL I HOLIDAY CAMPS!

COED Ages 6-11

Rosh Hashana: Oct 3 & 4 (Thu & Fri)

Columbus Day: Oct 14 (Mon)

DAILY SCHEDULE

10:00am - 2:30pm - \$80

Early drop at 9:00am or Late Pickup at 3:30pm (\$20)

Early drop 9:30am or Late Pickup at 3:00pm (\$10)



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CREATE-A-CLASS

CHOOSE A DAY & TIME
THAT WORKS BEST FOR YOUR GROUP
(MINIMUM 4 PLAYERS REQUIRED)

ENRICH YOUR CHILD'S BASEBALL/SOFTBALL PLAYING EXPERIENCE

Contact Us: 516 364-ROPE(7673) or syosset@frozenropes.com

Lunch and Snacks are NOT Included

Boys and girls will work on their diamond skills and have fun playing various other playground games!

Class Policies

- ONE makeup is allowed during the FALL I Session
- REFUND/CANCELLATION Refunds will only be made for medical reasons with a doctor's note and issued in the form of account credit