<u>The Art of Hitting</u>

Focus Points:

Proper Swing Mechanics Mental Skills Training Eye-Hand Coordination Pitch Recognition Approach

ADVANCED CLASSES

Winter I Session 2025 Tuesdays: Jan 7 - Feb II 8:00-9:00pm \$330 Saturdays: Jan 4 - Feb 8 1:00-2:00pm \$330

AGES II - 16 4 Players max per class Six Week Session

" Learn to THINK and HIT like a PRO by a PRO!"

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